

Trinity Lutheran Workcamp's "About a 5K" Fun Run!



Where: Trinity Lutheran Church, 13025 Newell Ave, Lindstrom, MN

When: **Saturday, June 10**

8:00 – 8:45 Registration and packet pick-up

9:00 – "About a 5K" Run/Walk

Entry Fee: **\$20** received by June 5. **\$25** day of registration

Course: Run through the quiet residential streets of Lindstrom. The course is safe and it's "about a 5K." This is a fundraiser and a fun run. The course has not been certified.

Door Prizes: Door prizes for participants and refreshments after the race.

Awards: Awards given to top 3 runners in each age category – male & female.

Come for the run and enjoy the fun! This is a fundraiser and a fun run. All proceeds are going to help support the Trinity Lutheran Youth with their summer work camp trip to MONTANA. During their trip, they will be making home repairs for seniors and disabled individuals.

Make checks payable to: Trinity Lutheran Youth. Mail forms to Trinity Lutheran Church, P.O. Box 768, Lindstrom, MN 55045. Attn: Linda Rambow / Questions call 920-915-2783 / www.trinitylindstrom.org

ENTRY FORM

Cost: **\$20** if received by June 5th

Name _____ Age _____ M _____ F _____

Address _____ Phone _____

City _____ State _____ Zip _____

Email _____

Waiver: I hereby release, absolve and hold harmless the individuals and sponsors associated with this event from danger resulting from any injury incurred by me or my child while participating in the above mentioned run/walk. I/we understand that any individuals associated with this event assume no responsibility for injury before, during, or after the run/walk.

Signature _____
(Signature of parent or guardian if participant is under 18 years of age)

Circle Shirt Size S M L XL shirts size guaranteed **only** for pre-registered runners.
XXL and XXXL are **\$2** extra

If you would like to make an additional donation to our WORKCAMP mission trip, please include it with your registration. Thank you.